Lindale CE Primary School Sample menus

Monday	Tuesday	Wednesday	Thursday	Friday
Fish, Chicken or	Sausage in a bun	Roast	Breaded or	Pizza & Salad
vegetable	with potato	Turkey or Beef	sweet & sour	or
goujons & chips	wedges	with Yorkshire	chicken	Sausage or
with peas	Or	puddings, gravy	or	Quorn sausage &
or	Spaghetti with	& veg	vegetables with	chips
Sausage or meat	meatballs &	or	sweetcorn or	or
free sausage rolls	sauce	vegetable bake	beans	Fish fingers &
with beans	or	with above		chips with salad,
	spaghetti with	trimmings		sweetcorn or
	marina sauce			peas