



NEWSLETTER

We have had a lovely few weeks back in school. It has been lovely to hear from the class teachers about the effort and enthusiasm for learning in the classroom. We've already had some exciting experiences and lots more to look forward to!

Westmorland Show

We all had a lovely time at the Westmorland Show. There were a range of activities such as seeing the animals, the Sheep Show, learning about the emergency services and visiting the Learning for Life tent.

Carlisle Cathedral

Year 5 and 6 joined up with the schools in our local cluster for a visit to Carlisle Cathedral. The cathedral staff had organised different activities throughout the day such as watercolour painting, learning about monks, appreciating nature, being thankful and an interesting tour. I was really proud of all the children for their impeccable behaviour and genuine interest.



STOPP (Decider Skills)

We have introduced a new Decider Skill called STOPP across the school. STOPP is a simple strategy that helps children pause and think before reacting to a situation:

- **S** – Stop
- **T** – Take a breath
- **O** – Observe (What is happening? How am I feeling?)
- **P** – Pull back and get some perspective
- **P** – Practise/Proceed with what works best



At lunchtime today, a child was talking to me about 'the fizz' and how they had felt fizzy. It was great to hear our pupils using the shared language and talking so openly about their feelings.

Harvest

Wednesday 7th October at 9am is our Harvest Festival. All are welcome. Each class will share something they have done related to harvest. We will be collecting tinned/dried food for the food bank and silver coins for the Bishop's Harvest Appeal. You can find more information about the Bishop's Harvest Appeal here <https://www.carlisle-diocese.org.uk/donate/>.

Let your light shine

Parents' Evening (save the date)

Parents' evening is Tuesday 3rd November. We will let you know when the booking sheets are available.

Remembrance

We will be going to the memorial on Wednesday 11th November at an earlier time of approximately 9:10am. This is due to swimming being on the same day. All families are welcome to join us at the memorial.

Inspiring Social Action

"Social action is about people coming together to help improve their lives and solve the problems that are important in their communities. It can include volunteering, giving money, community action or simple neighbourly acts." We have had some great examples of social action shared in school and now up on our display in the entrance. If your child has anything to share, please let us know.

Free School Meals

We recently shared on our Facebook page some information on how to apply for Free School Meals. The poster for this is to the right. If your child receives Free School Meals, please complete their preference on Arbor each week by the deadline. If this isn't completed, Mrs Wood will order a hot dinner.

Breakfast Club

We have reviewed the timings of Breakfast Club and ask that any children who need breakfast in the morning arrive at school by 8:25am. I am sorry if this causes any inconvenience and appreciate your support and understanding.

Toys

Please can we ask that children don't come into school with toys from home. In an exceptional circumstance, a child may need a toy as a comfort, but this should be pre-agreed with their class teacher.

Jewellery

Just a reminder that children shouldn't wear jewellery in school (e.g. rings, necklaces, bracelets and hoop/dangling earrings). This is for safety reasons. They can wear stud earrings as long as they can remove them for PE.

Illnesses

Please report any illnesses to the office by phone by 8:45am each day your child is absent. To support our safeguarding responsibilities, we will contact parents/carers if a child is absent and no reason has been provided.

Please see the table overleaf for a list of dates.

I hope you all have a lovely weekend.

Kind regards,
Mrs Curwen



westmorlandandfurness.gov.uk

Good news for families!

Free School Meals are changing
Universal Credit recipients can apply now

From September 2026, all children whose parents or carers receive Universal Credit will be eligible for free school meals, regardless of income.

- No income threshold
- Working and receiving a Universal Credit top-up? You can apply
- Save money on school meal costs
- Universal Infant Free School Meals still continue (reception, Years 1 & 2) (no need to apply)

Check your eligibility and apply today

Don't miss out. Apply now and make sure your child receives their entitlement scan the QR code or visit www.westmorlandandfurness.gov.uk/schools-and-education/free-school-meals-and-clothing-vouchers



Dates

Monday 28 th September	Year 5 & 6 Kidsafe
Wednesday 30 th September	3:30 – 4:30pm Reception parents phonics meeting with Miss Barker
Monday 5 th October	Year 5 & 6 Kidsafe
Wednesday 7 th October	9am Harvest Festival
Wednesday 7 th October	High Five netball tournament
Thursday 8 th October	Role Play Mini City session
Monday 12 th October	Year 5 & 6 Kidsafe
Tuesday 13 th October	Individual photos
Monday 19 th October	Year 5 & 6 Kidsafe
Tuesday 20 th October	Artist in to work with year 5 & 6 (am)
Friday 23 rd October	School breaks up for half-term