

Week 3

Item/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Large Sausage Roll	Chicken goujons, wrap and grated cheese	Individually portioned yorkshire pudding with Sliced Turkey, Roast Potatoes, Vegetable and seperate Gravy	Sweet and Sour Chicken with sauce separate and noodles	Fish Fingers and Chips
Vegan/ Vegetarian Option	Large Meat free sausage roll	Vegetable goujons wrap and grated cheese	Vegetarian bake in Yorkshire pudding with potatoes vegetarian gravy and vegetable	Sweet and Sour Vegetables with sauce separate and noodles	Vegetable Fingers and chips
Side	Beans	Salad Bar	Carrot Batons	Sweetcorn	Peas
Or Lunch box option comes with Sandwich and Veg sticks with fruit and dessert	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich
	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich
	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich
	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich
Fruit for all Meal Options	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Dessert for all meal options	Yoghurt	Hot Pudding and Custard	Donuts	Ice Cream Pot	Yoghurt
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